

## **MIAA Baseball Rules 2020**

Transition to NFHS rules – Spring 2020

### **Rules that are significant or likely to happen:**

1. Catch and Carry - not allowed – ground rules discussion
2. Hidden ball trick – Allowed – ground rules discussion
3. Pitch counts – line-up cards at ground rules
4. Pitch counts – umpires ensure that communication happens
5. Verify all equipment is legal – ask each coach
6. Balks – immediate dead ball – no free swings or extra bases on wild pick-off
7. Batter's Box Rule
8. Fake throw to third base is allowed
9. Pitcher's free foot alignment from the wind-up position
10. Slide (legally) or avoid
11. Force Play slide rule – no pop-ups or sliding through the bag (contacts fielder or alters the play)
12. Appeals are allowed during dead ball
13. Re-entry rules for substitution
14. Designated Hitter Rule – 9 player line-up
15. Courtesy runners are allowed
16. Conferences – only 3 free defensive trips during regulation
17. Mercy rule – 10 runs after 5 or 4 ½ if home team winning
18. All personnel must be in the dugout during live-ball

### **Resources**

[Baseball page of the MIAA web site \(www.miaa.net\)](http://www.miaa.net)

Top menu bar > Sports and Tournaments > Sports Pages > Baseball >  
NFHS Baseball Rules Transition for Spring 2020 or at this link  
**[http://miaa.net/contentm/easy\\_pages/view.php?sid=38&page\\_id=312](http://miaa.net/contentm/easy_pages/view.php?sid=38&page_id=312)**

Rules transition page will have PowerPoint, news items, pitch count policy and other supporting material as it is developed and made available.

## MIAA Pitch Count Limitations and Procedures 2020

**Maximum Pitches Per Day – 115 pitches for Varsity Pitchers & 95 pitches for Sub Varsity**

### **Breakpoints & Required Rest:**

<b><u>Varsity</u></b>		<b><u>Sub Varsity</u></b>	
1-25 pitches	0 days rest	1-25 pitches	0 days rest
26-40 pitches	1 days rest	26 -40 pitches	1 days rest
41-55 pitches	2 days rest	41-55 pitches	2 days rest
56-70 pitches	3 days rest	56-70 pitches	3 days rest
71-115 pitches	4 days rest	71-95 pitches	4 days rest

\*These rules apply to both regular and post season play

**\*If a pitcher has thrown 71-90 pitches on the day he last pitched, on his fourth day of rest, he would be eligible to throw a maximum of 25 pitches.**

### **Tracking:**

\*Coaches will designate on their line up cards which players are *not eligible to pitch* that day

\*Coaches or their designee confirm pitch counts after every 2 innings and at the conclusion of the game.

In the case of a dispute the home team has the official count.

\*Umpire's do not regulate the pitch count, their job is to make sure coaches are conferring every two innings and at the conclusion of the game.

\*At the conclusion of each contest, both coaches will sign the official MIAA pitch count sheet

### **Penalties:**

\* Violations of the pitch count maximum limit or required rest periods will follow Rule #86 of the MIAA Handbook "Participation of an ineligible student"

### **F.A.O's**

\*A pitcher can exceed the maximum pitch limit if he is in the middle of an AB but once the AB is completed, the pitcher must be removed from the mound

\*The calendar day in which a game is started shall be used to determine how many days of rest is required. Ex. If a game goes past midnight a pitcher shall not now be counted as eligible nor should a pitcher lose a day of rest because they pitched past midnight. Ex. A pitcher throws 72 pitches in a game on Saturday morning – rest required is 4 days so pitcher must rest on Sunday, Monday, Tuesday, and Wednesday before returning to the mound on Thursday.

\*Doubleheaders – pitchers can pitch in both games but if a pitcher exceeds 50 pitches in the first game he cannot pitch in the second game. A pitcher cannot exceed 115 pitches on the day.

\*Ambidextrous pitcher- pitch count guidelines apply to the individual pitcher not the individual arm